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## **Progress Report**

**Name:** Kshitij Srivastav

**Date of birth :** 27/03/2019

**Age:** 7 years 1 month

**Date of Report :** 20/05/2026

**Period of Observation:** April 2026 to May 2026

### **Background Details**

Kshitij has been undergoing home-based therapeutic intervention from MAT to address concerns related to hyperactivity, limited eye contact, attention difficulties, reduced command compliance, and delays in writing skills. At the time of admission, although he demonstrated adequate oral-motor abilities and verbal communication, his reduced engagement affected his comprehension and expressive language development. Based on clinical observation and an ISAA score of 99/200, he was identified with mild Autism Spectrum Disorder. Over the period of intervention, Kshitij has shown encouraging progress across several developmental domains. Structured therapeutic support and consistent intervention have positively contributed to his communication abilities, attention span, and participation during therapeutic and academic tasks.

### **Areas of Progress**

#### **Sitting Tolerance and Attention**

Kshitij has demonstrated noticeable improvement in sitting tolerance during therapy sessions. His ability to remain seated and engaged has increased by approximately 40–50%, allowing him to participate more effectively in structured activities and learning tasks. Improved sitting tolerance has also supported better task completion and increased participation during sessions.

## **Eye Contact and Social Engagement**

Kshitij's eye contact has shown gradual improvement, with an increase of approximately 20-40%. He is becoming more visually attentive during interactions and demonstrates better engagement with the therapist during structured communication and activity-based tasks. These improvements reflect growing social awareness and responsiveness.

## **Communication and Language Development**

Kshitij has made meaningful progress in communication and sentence comprehension. Earlier, he experienced confusion in sentence formation, particularly while understanding and using gender-specific language. For example, when asked questions such as “*Ye baccha kya kar raha hai ya kar rahi hai?*” he found it difficult to differentiate between masculine and feminine forms. At present, his understanding has improved significantly, and he is able to identify and use appropriate sentence structures with greater clarity and confidence.

His receptive and expressive language abilities continue to develop, contributing to more accurate responses and improved verbal communication during interaction.

## **Current Concern**

Kshitij continues to demonstrate echolalic responses and may require prompts for independent communication. He is easily distracted during tasks and occasionally exhibits pushing behaviour. Oral-seeking tendencies, such as placing fingers or non-edible objects in his mouth, are still observed. Additionally, he shows a strong fixation regarding the placement and arrangement of objects. Therapy continues to target communication, attention regulation, behavioural management, and flexibility in responding to changes.

## **Conclusion**

Kshitij has shown steady and encouraging progress in sitting tolerance, eye contact, communication, and language comprehension. His increased engagement and improved understanding of sentence formation indicate positive developmental growth. Consistent therapeutic intervention and structured support continue to play an important role in enhancing his communication, participation, and overall functional skills. With continued intervention, he is expected to make further gains in language, social interaction, and independent functioning.

## **Recommendations**

- Continue structured language-enrichment activities to strengthen expressive and receptive communication.
- Reinforce sitting tolerance and attention through engaging, routine-based tasks and structured activities.
- Encourage conversation-based learning to promote spontaneous language and sentence formation.
- Continue activities that support eye contact and social engagement during daily interactions.
- Provide consistent opportunities for verbal expression and independent responding at home and during therapy sessions.