

## IEP

**Name:** Kshitij Srivastava

**Age:** 6 years 7 month

**Duration :** 1 month

**Date of Birth:** 27/03/2019

**Issue Date :**24/10/2025

Goal	Activity
<p>To help the child write letters of appropriate size by improving motor control and spatial awareness.</p>	<p><b>Tracing Paths and Patterns</b></p> <p>Provide worksheets with zig-zag, curved, and spiral paths for tracing. Gradually progress from thick to thin lines.</p> <p><b>“Write Within Shapes” Game</b></p> <ul style="list-style-type: none"><li>• Draw small shapes (circles, rectangles) and ask the child to write one letter inside each.</li><li>• Progressively reduce shape size to improve precision.</li></ul> <p><b>Dry Erase or Chalk “Mini Boards”</b></p> <ul style="list-style-type: none"><li>• Use small sections on the board and gradually reduce writing area.</li><li>• Add games: “Let’s see how many</li></ul>
	<p>neat, small a’s fit in this box!”</p> <p><b>Lacing Activity</b></p> <p>Kshitij threads a lace through holes in a card or bead, enhancing hand-eye coordination, bilateral skills, and focus.</p>

To enhance the child's sitting tolerance and attention during structured tasks by promoting sustained focus and minimizing restlessness.

### **“Complete the Picture” Activity**

- Give a half-drawn image (like a face, house, or tree).
- Ask Kshitij to finish the drawing using imagination and details.

### **Sentence or Phrase Hunt**

Ask Kshitij to find and underline short phrases or sentences in a storybook.

- Example: “Find all the sentences that start with ‘The boy...’ or have the word ‘happy.’”

### **Paragraph Scanning Race**

- Give a short printed passage.
- Say, “Circle all words that have double letters” or “Find all the words starting with s.”
- Add a time limit to challenge attention and efficiency.

### **Picture Description**

Show a picture (from a book or newspaper) and ask kshitij to describe what is happening.

### **Observation Game – “What Changed?”**

- Place 5–6 small objects on a tray. Let Kshitij observe for 10 seconds.
- Cover the tray and secretly change/remove one item.

	<ul style="list-style-type: none"> <li>• Ask, "What changed?" or "What is missing?"</li> </ul> <p><b>Pattern Building Challenge</b></p> <ul style="list-style-type: none"> <li>• Make a color or shape pattern using blocks or beads.</li> <li>• Ask Kshitij to copy the pattern or continue it.</li> <li>• Increase difficulty by adding multiple features (e.g., color + size sequence).</li> </ul> <p><b>Auditory Attention Game – "I Heard..."</b></p> <ul style="list-style-type: none"> <li>• Say a list of items (e.g., "banana, car, apple, dog").</li> <li>• Ask the child to clap only when they hear a food word.</li> </ul>
<p>To enhance Kshitij's social understanding and cognitive development by providing structured external exposure through community interactions, and real-life learning experiences.</p>	<p><b>Market Visit</b></p> <p>Teach him to identify fruits/vegetables, count items, and practice "buying" with money.</p> <p><b>Park Playtime</b></p> <p>Encourage turn-taking on swings/slides, greeting peers, and following playground rules.</p> <p><b>Role-Play After Outings</b></p> <p>Re-enact what he saw (shopkeeper, bus driver, teacher) to strengthen memory and social concepts.</p>
<p>To reduce echolalia and promote functional communication by shaping immediate and delayed repetitions into meaningful speech.</p>	<p><b>"All About Me" Activity</b></p> <p>basic personal questions about himself- add question after he gain mastery in previous ones.</p>

- What is your name?”
- How old are you? When is your birthday?
- Where do you live?
- What is your school’s name?
- What class or grade are you in?
- What is your father’s name?
- What is your mother’s name?

### **Yes/No Question Practice**

Ask: “Do you like milk?”If he echoes, model: “Yes, I like milk.”Gradually move to short answers.

### **Guessing Game**

### **Music and Singing Activities**

Use songs with predictable phrases, then pause for the child to fill in the missing word.

Example: “Twinkle, twinkle, little \_\_\_\_” (pause).

### **“Ask–Answer–Ask Back” Routine**

Teach Kshitij to answer and then ask the same question back.

- Therapist: “What’s your favorite color?”
- Child: “Blue. What’s your favorite color?”

### **Guess the Action**

- Do an action (jump, sleep, eat). Ask: “What am I doing?”
- If he echoes, prompt: “You are jumping.”

### **Obstacle Course (Movement Breaks)**

- Redirect repetitive motor behaviors (jumping, spinning) into structured

	<p>movement:</p>
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crawl under a chair → jump on a  
pillow → throw a ball in a basket.