



Kshitij's Motivational Mild Autism Support Services

Interventions →

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Progress Report

Name: Kshitij Srivastav

Date of birth : 27/03/2019

Age: 6 years 11 month

Date of Report : 18/01/2026

Period of Observation: 19/01/2026 to 17/03/2026

Background Details:

Kshitij has been receiving home-based therapeutic intervention through MAT to address concerns related to attention, eye contact, echolalia, command compliance, and writing skills. At the time of admission, reduced engagement affected his language and functional participation, and clinical findings (ISAA: 99/200) indicated Mild Autism Spectrum Disorder.

With consistent therapy and structured support, Kshitij has shown clear improvement in attention, responsiveness, social interaction, communication, and academic participation. Continued intervention remains beneficial in supporting his ongoing developmental needs.

Observation Report

During this month, no significant improvement was observed in Kshitij's overall therapeutic progress. Compared to previous sessions, he demonstrated reduced engagement during therapy activities and showed difficulty maintaining attention and concentration.

Kshitij was frequently uninterested in participating in structured therapy tasks and required repeated prompting to stay engaged. At times, he also displayed tantrum-like behaviors during sessions, which affected the continuity and effectiveness of the therapeutic interventions. These behaviors included resistance to instructions, reduced cooperation with the therapist, and difficulty sustaining participation in activities.

His attention span appeared lower during this period, and he was easily distracted, which limited the amount of productive work completed during sessions. Due to this reduced engagement, progress toward targeted goals could not be achieved effectively during this month.

Recommendation

- New and varied activities should be incorporated to increase interest and engagement in therapy.
- Sessions should focus on interactive, play-based, and motivating tasks to gradually rebuild attention, participation, and cooperation.