



Kshitij's Motivational Mild Autism Support Services

Interventions →

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Progress Report

Name: Kshitij Srivastav

Date of birth : 27/03/2019

Age: 6 years 8 month

Date of Report : 01/12/2025

Period of Observation: 24/10/2025 to 29/11/2025

Background Details:

Kshitij has been receiving home-based therapeutic intervention from MAT to address concerns related to hyperactivity, limited eye contact, reduced attention span, decreased command compliance, and delays in writing skills. At the time of admission, although he displayed appropriate oral-motor skills and was verbally communicative, his reduced engagement affected both his comprehension and expressive language abilities. Based on clinical observations and an ISAA score of 99/200, he was identified with mild Autism Spectrum Disorder.

Initially, Kshitij exhibited challenges such as inconsistent eye contact, high distractibility, hyperactivity, repetitive behaviors, and limited social interaction. Over the past few months, he has shown consistent and meaningful progress across multiple developmental areas. Improvements are evident in his sustained attention,

communication abilities, social participation, and academic engagement. Ongoing therapeutic intervention and structured academic support have played a significant role in enhancing his functional skills, learning outcomes, and overall participation in daily tasks.

Progress Report

Following Commands

Kshitij shows improved ability to follow both single-step and multi-step instructions. He responds more promptly, requires fewer repetitions, and completes tasks with increased independence, reflecting better listening skills and overall compliance.

Reduction in Repetitive Behavior (Echolalia)

His repetitive speech patterns, including echolalia, have noticeably decreased. Kshitij now uses more meaningful, context-appropriate language and is able to initiate original responses instead of repeating what others say.

Social Interaction

Kshitij is socializing more with both peers and adults. He initiates interactions more frequently, participates better in turn-taking, and responds appropriately to greetings, eye contact, and social cues during play and daily routines.

Academic Engagement

Kshitij's participation in academic activities has increased. He remains attentive during reading, writing, and structured learning tasks, completes assigned work with less prompting, and shows greater willingness to engage in classroom-style activities.

Current Concern

Kshitij continues to show echolalia, often repeating phrases instead of responding independently, and he still needs prompts for appropriate answers. Additionally, he writes letters larger than the expected size and requires support to maintain appropriate letter size and spacing.

Recommendation

- Use modeling, sentence-completion tasks, and visual cue cards to encourage independent responses and reduce repetitive speech.
- Incorporate daily short language drills (WH-questions, choice-making, picture-based responses) to build spontaneous communication.
- Use box paper, highlighted lines, or visual boundaries to help Kshitij maintain appropriate letter size during writing tasks.
- Include tracing within shapes, guided writing with finger cues, and fine-motor tasks to support better control of letter size and spacing.