



Kshitij's Motivational Mild Autism Support Services

Interventions →

Resources →

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Progress Report

Name: Kshitij Srivastav

Date of birth : 27/03/2019

Age: 6 years 9 month

Date of Report : 19/01/2025

Period of Observation: 01/12/2025 to 17/01/2025

Kshitij has been receiving home-based therapeutic intervention through MAT to address concerns related to attention, eye contact, echolalia, command compliance, and writing skills. At the time of admission, reduced engagement affected his language and functional participation, and clinical findings (ISAA: 99/200) indicated Mild Autism Spectrum Disorder.

With consistent therapy and structured support, Kshitij has shown clear improvement in attention, responsiveness, social interaction, communication, and academic participation. Continued intervention remains beneficial in supporting his ongoing developmental needs.

Progress Report

Following Commands & Functional Awareness

Kshitij demonstrates improved ability to follow both single-step and multi-step instructions. He shows increased awareness of his surroundings, such as identifying the correct side of the road to walk on and responding appropriately during travel routines.

Reduction in Repetitive Behavior

There has been a partial reduction in repetitive speech patterns. Kshitij is beginning to use more meaningful and context-based responses. Continued support is required to promote independent and spontaneous language use.

Social Interaction

Kshitij shows increased social engagement with both peers and adults. He responds better to greetings, maintains improved eye contact, and participates more actively in social exchanges.

Daily Living Skills

Kshitij demonstrates strength in organizing objects and keeping materials in order. He is able to manage his belongings with minimal assistance, reflecting improved planning and functional independence.

Academic Engagement

Kshitij's engagement in academic activities has increased. He is able to sit for structured tasks for longer durations, completes assigned work with reduced prompting, and shows interest in reading and writing activities.

Recommendations

- Use modeling, sentence-completion activities, and visual cue cards to promote independent verbal responses and further reduce echolalia.

- Incorporate short, daily language activities focusing on WH-questions, choice-making, and picture-based responses to strengthen spontaneous communication.

- Use box paper, highlighted lines, or visual boundaries during writing tasks to support appropriate letter size and spacing.

- Include fine-motor and guided writing activities such as tracing within shapes, finger-guided writing, and hand-strengthening tasks to improve writing control.