

## Progress Report

**Name:** Kshitij Srivastav

**Date of birth :** 27/03/2019

**Age:** 6 years 1 month

**Date of Report :** 01/07/2025

**Period of Observation:** 29/05/2025 to 30/06/2025

**Background Information:** Kshitij has been receiving home-based therapeutic intervention from MAT to address concerns including hyperactivity, low eye contact, attention deficits, poor command compliance, and delayed writing skills. At the time of admission, Kshitij primarily communicated verbally with adequate oral-motor function, but limited engagement affected both comprehension and expression. Based on clinical observation and ISAA score of 99/200, he was identified with mild autism. Behaviors such as poor eye contact, distractibility, hyperactivity, repetitive actions, and reduced social reciprocity were noted.

Over the past few months, Kshitij has shown meaningful progress across various developmental domains, particularly in attention, language development, and academic engagement. Therapy and academic support appear to be having a positive impact on his functional and learning abilities.

### **Areas of Progress:**

#### **Attention and Behavior Regulation**

- Significant **improvement observed in sustaining attention** during structured activities.
- **Follows instructions more consistently**, with reduced reliance on repetition or prompts.
- **Noticeable decrease in hyperactivity**, reflecting enhanced self-regulation and adaptability to surroundings.

#### **Task Engagement and Sitting Compliance**

- **Shows improvement in sitting tolerance** during structured and semi-structured tasks.
- Able to **remain seated for longer durations** with minimal prompts or redirections.
- **Demonstrates better task engagement** and focus while seated.

#### **Social-Emotional Development**

- **Demonstrates greater social awareness and readiness** to interact with peers and

adults.

- Increased frequency and responses, especially in familiar settings.

### **Focus and Concentration**

- Demonstrates improved concentration during individual and group activities.
- Reduced distractibility, with better ability to remain engaged in tasks.
- Shows sustained attention for longer periods, indicating growth in cognitive control.

### **Academic Skills**

- Demonstrates increased participation and responsiveness to academic instructions.
- Shows improvement in basic mathematical concepts such as simple addition and subtractions.

### **Conclusion**

Kshitij has shown promising progress, particularly in language development, attention span, academic performance, writing abilities, and social engagement. With continued structured support and intervention, further gains in communication and learning are expected.

### **Recommendations:**

- Continue providing individualized academic support to strengthen foundational concepts.
- Integrate structured language-enrichment activities to enhance conversational abilities.
- Strengthen command following and attention skills through consistent, routine-based tasks.
- Promote reading and writing activities at home to help transfer learning beyond the classroom.